

Amenable groups and Følner sequences

Bora Çalim

June 23, 2025

- Standing assumption: G countable discrete group (for simplicity, in particular, sequences suffice rather than nets) (corollary: compact sets are exactly the finite sets)

- Standing assumption: G countable discrete group (for simplicity, in particular, sequences suffice rather than nets) (corollary: compact sets are exactly the finite sets)
- A linear functional $\sigma : \ell^\infty(G) \rightarrow \mathbb{C}$ s.t. $\sigma(\mathbf{1}) = 1$, and $f \geq 0$ implies $\sigma(f) \geq 0$ is called a mean on G .

- Standing assumption: G countable discrete group (for simplicity, in particular, sequences suffice rather than nets) (corollary: compact sets are exactly the finite sets)
- A linear functional $\sigma : \ell^\infty(G) \rightarrow \mathbb{C}$ s.t. $\sigma(\mathbf{1}) = 1$, and $f \geq 0$ implies $\sigma(f) \geq 0$ is called a mean on G .
- For $s \in G$, write $sf(\cdot)$ for the function $f(s^{-1}\cdot)$ on G . A mean σ is left-invariant if $\sigma(sf) = \sigma(f)$ for all $s \in G$ and all f .

- Standing assumption: G countable discrete group (for simplicity, in particular, sequences suffice rather than nets) (corollary: compact sets are exactly the finite sets)
- A linear functional $\sigma : \ell^\infty(G) \rightarrow \mathbb{C}$ s.t. $\sigma(\mathbf{1}) = 1$, and $f \geq 0$ implies $\sigma(f) \geq 0$ is called a mean on G .
- For $s \in G$, write $sf(\cdot)$ for the function $f(s^{-1}\cdot)$ on G . A mean σ is left-invariant if $\sigma(sf) = \sigma(f)$ for all $s \in G$ and all f .
- G is called amenable if there exists a left-invariant mean σ on G .

- Standing assumption: G countable discrete group (for simplicity, in particular, sequences suffice rather than nets) (corollary: compact sets are exactly the finite sets)
- A linear functional $\sigma : \ell^\infty(G) \rightarrow \mathbb{C}$ s.t. $\sigma(\mathbf{1}) = 1$, and $f \geq 0$ implies $\sigma(f) \geq 0$ is called a mean on G .
- For $s \in G$, write $sf(\cdot)$ for the function $f(s^{-1}\cdot)$ on G . A mean σ is left-invariant if $\sigma(sf) = \sigma(f)$ for all $s \in G$ and all f .
- G is called amenable if there exists a left-invariant mean σ on G .
- This is actually anachronistic – amenability was first discovered through paradoxicality, more on that later

There are a lot of amenable groups!

- Finite groups are amenable (just take the average)

There are a lot of amenable groups!

- Finite groups are amenable (just take the average)
- If G is amenable, $N \triangleleft G$, $H \leq G$, then H and G/N are amenable ("the obvious candidate" for the mean works - compose the mean on G with the quotient map or the representatives of cosets)

There are a lot of amenable groups!

- Finite groups are amenable (just take the average)
- If G is amenable, $N \triangleleft G$, $H \leq G$, then H and G/N are amenable ("the obvious candidate" for the mean works - compose the mean on G with the quotient map or the representatives of cosets)
- If H is amenable, $H \leq G$ and $[G : H] < \infty$, then G is amenable (average the mean on H over cosets)

There are a lot of amenable groups!

- Finite groups are amenable (just take the average)
- If G is amenable, $N \triangleleft G$, $H \leq G$, then H and G/N are amenable ("the obvious candidate" for the mean works - compose the mean on G with the quotient map or the representatives of cosets)
- If H is amenable, $H \leq G$ and $[G : H] < \infty$, then G is amenable (average the mean on H over cosets)
- If $N \triangleleft G$ and N and G/N are amenable, then G is amenable (again combine the means in the obvious way) – corollary: direct product of two amenable groups is amenable

There are a lot of amenable groups!

- Finite groups are amenable (just take the average)
- If G is amenable, $N \triangleleft G$, $H \leq G$, then H and G/N are amenable ("the obvious candidate" for the mean works - compose the mean on G with the quotient map or the representatives of cosets)
- If H is amenable, $H \leq G$ and $[G : H] < \infty$, then G is amenable (average the mean on H over cosets)
- If $N \triangleleft G$ and N and G/N are amenable, then G is amenable (again combine the means in the obvious way) – corollary: direct product of two amenable groups is amenable
- If $H_1 \leq H_2 \leq H_3 \leq \dots$, each H_i is amenable and $G = \bigcup H_i$, then G is amenable (Let σ_i be a left-inv. mean on H_i . Extend trivially on G . Then each σ_i has norm at most one, so by Banach-Alaoglu they have a weak*-convergent subsequence, and the weak* limit of this is a left-inv. mean on G). – corollary: if each finitely generated subgroup of G is amenable, then G is amenable

Equivalent characterizations - preliminaries

- We found a bunch of amenable groups. What use is this? We want to convert the functional-analytic statement of the existence of a left-inv. mean to combinatorial data.

Equivalent characterizations - preliminaries

- We found a bunch of amenable groups. What use is this? We want to convert the functional-analytic statement of the existence of a left-inv. mean to combinatorial data.
- A sequence $\{F_n\}$ of nonempty finite subsets of G is called a Følner sequence if $\frac{|sF_n \Delta F_n|}{|F_n|} \rightarrow 0$ for any $s \in G$.

Equivalent characterizations - preliminaries

- We found a bunch of amenable groups. What use is this? We want to convert the functional-analytic statement of the existence of a left-inv. mean to combinatorial data.
- A sequence $\{F_n\}$ of nonempty finite subsets of G is called a Følner sequence if $\frac{|sF_n \Delta F_n|}{|F_n|} \rightarrow 0$ for any $s \in G$.
- This, in some sense, means that there is no element s that moves *all* F_n by a constant proportion (i.e. $|sF_n \Delta F_n| > c|F_n|$ for all n cannot hold).

Equivalent characterizations - preliminaries

- We found a bunch of amenable groups. What use is this? We want to convert the functional-analytic statement of the existence of a left-inv. mean to combinatorial data.
- A sequence $\{F_n\}$ of nonempty finite subsets of G is called a Følner sequence if $\frac{|sF_n \Delta F_n|}{|F_n|} \rightarrow 0$ for any $s \in G$.
- This, in some sense, means that there is no element s that moves *all* F_n by a constant proportion (i.e. $|sF_n \Delta F_n| > c|F_n|$ for all n cannot hold).
- Very basic example: $[-n, n] \subseteq \mathbb{Z}$.

Equivalent characterizations - preliminaries

- We found a bunch of amenable groups. What use is this? We want to convert the functional-analytic statement of the existence of a left-inv. mean to combinatorial data.
- A sequence $\{F_n\}$ of nonempty finite subsets of G is called a Følner sequence if $\frac{|sF_n \Delta F_n|}{|F_n|} \rightarrow 0$ for any $s \in G$.
- This, in some sense, means that there is no element s that moves *all* F_n by a constant proportion (i.e. $|sF_n \Delta F_n| > c|F_n|$ for all n cannot hold).
- Very basic example: $[-n, n] \subseteq \mathbb{Z}$.
- In the ISEM it was proved that every abelian group has a Følner sequence.

Equivalent characterizations - preliminaries

- We found a bunch of amenable groups. What use is this? We want to convert the functional-analytic statement of the existence of a left-inv. mean to combinatorial data.
- A sequence $\{F_n\}$ of nonempty finite subsets of G is called a Følner sequence if $\frac{|sF_n \Delta F_n|}{|F_n|} \rightarrow 0$ for any $s \in G$.
- This, in some sense, means that there is no element s that moves *all* F_n by a constant proportion (i.e. $|sF_n \Delta F_n| > c|F_n|$ for all n cannot hold).
- Very basic example: $[-n, n] \subseteq \mathbb{Z}$.
- In the ISEM it was proved that every abelian group has a Følner sequence.
- A question arises: does every group have a Følner sequence? In order to answer this, we need more definitions.

- Two subsets C, D of G are called equidecomposable ($C \sim D$) if $C = \bigsqcup C_i, D = \bigsqcup s_i C_i$, where the disjoint unions are taken over finitely many i .

- Two subsets C, D of G are called equidecomposable ($C \sim D$) if $C = \bigsqcup C_i, D = \bigsqcup s_i C_i$, where the disjoint unions are taken over finitely many i .
- "Break C into finitely many points, rearrange and get D " (obviously this is related to the Banach-Tarski paradox).

- Two subsets C, D of G are called equidecomposable ($C \sim D$) if $C = \bigsqcup C_i, D = \bigsqcup s_i C_i$, where the disjoint unions are taken over finitely many i .
- "Break C into finitely many points, rearrange and get D " (obviously this is related to the Banach-Tarski paradox).
- G is paradoxical if $G = C \sqcup D$ with $C \sim D \sim G$.

- Two subsets C, D of G are called equidecomposable ($C \sim D$) if $C = \bigsqcup C_i, D = \bigsqcup s_i C_i$, where the disjoint unions are taken over finitely many i .
- "Break C into finitely many points, rearrange and get D " (obviously this is related to the Banach-Tarski paradox).
- G is paradoxical if $G = C \sqcup D$ with $C \sim D \sim G$.
- The free group on two symbols $F_2 = \langle a, b \rangle$ is paradoxical: Consider the sets $W_a, W_{a^{-1}}, W_b, W_{b^{-1}}$ of the elements starting with the symbol in the subscript. F_2 is the union of these four sets, and $F_2 = W_a \sqcup W_a^c \sim W_a \sqcup a^{-1}W_a^c = W_a \sqcup W_{a^{-1}}$ and by the same reasoning $F_2 \sim W_b \sqcup W_{b^{-1}}$, so F_2 is paradoxical.

Theorem

Let G be a countable discrete group. Then the following are equivalent:

- G is amenable
- G has a Følner sequence
- G is not paradoxical

Theorem

Let G be a countable discrete group. Then the following are equivalent:

- G is amenable
 - G has a Følner sequence
 - G is not paradoxical
- Corollaries: Any group containing F_2 is not amenable ($SO(3)!$).
Solvable, nilpotent, abelian groups are all amenable.

More examples and non-examples

- By Gromov, any group of polynomial growth is amenable (since it has a nilpotent subgroup of finite index)

More examples and non-examples

- By Gromov, any group of polynomial growth is amenable (since it has a nilpotent subgroup of finite index)
- By the Tits alternative, a f.g. matrix group is amenable iff it does not contain a copy of F_2 (since it will have a solvable subgroup of finite index).

More examples and non-examples

- By Gromov, any group of polynomial growth is amenable (since it has a nilpotent subgroup of finite index)
- By the Tits alternative, a f.g. matrix group is amenable iff it does not contain a copy of F_2 (since it will have a solvable subgroup of finite index).
- There exist groups of exponential growth but are amenable (Lamplighter group $\mathbb{Z}_2 \wr \mathbb{Z}$)

More examples and non-examples

- By Gromov, any group of polynomial growth is amenable (since it has a nilpotent subgroup of finite index)
- By the Tits alternative, a f.g. matrix group is amenable iff it does not contain a copy of F_2 (since it will have a solvable subgroup of finite index).
- There exist groups of exponential growth but are amenable (Lamplighter group $\mathbb{Z}_2 \wr \mathbb{Z}$)
- There exist non-amenable groups not containing F_2 (Olshanskii)

Proof of theorem - amenable $\implies$ non-paradoxical and Følner $\implies$ amenable

- Take a mean σ on G , write $\mu(S) = \sigma(1_S)$ for $S \subseteq G$. This is finitely additive, left inv., and $\mu(G) = 1$.

Proof of theorem - amenable $\implies$ non-paradoxical and Følner $\implies$ amenable

- Take a mean σ on G , write $\mu(S) = \sigma(1_S)$ for $S \subseteq G$. This is finitely additive, left inv., and $\mu(G) = 1$.
- If G were paradoxical, then $G = C \sqcup D$ with $C \sim G \sim D$. By definition of paradoxicality and invariance of μ ,
 $1 = \mu(G) = \mu(C) + \mu(D) = \mu(G) + \mu(G) = 2$, which is absurd.

Proof of theorem - amenable $\implies$ non-paradoxical and Følner $\implies$ amenable

- Take a mean σ on G , write $\mu(S) = \sigma(1_S)$ for $S \subseteq G$. This is finitely additive, left inv., and $\mu(G) = 1$.
- If G were paradoxical, then $G = C \sqcup D$ with $C \sim G \sim D$. By definition of paradoxicality and invariance of μ , $1 = \mu(G) = \mu(C) + \mu(D) = \mu(G) + \mu(G) = 2$, which is absurd.
- Let F_n be a Følner sequence on G , and write $f_n = \mathbf{1}_{F_n}/|F_n|$. All of these are in $\ell^1 \subseteq (\ell^\infty)^*$, and have norms bounded by 1, so by Banach-Alaoglu f_n has a subsequence which weak*-converges to some $f \in (\ell^\infty)^*$.

Proof of theorem - amenable $\implies$ non-paradoxical and Følner $\implies$ amenable

- Take a mean σ on G , write $\mu(S) = \sigma(1_S)$ for $S \subseteq G$. This is finitely additive, left inv., and $\mu(G) = 1$.
- If G were paradoxical, then $G = C \sqcup D$ with $C \sim G \sim D$. By definition of paradoxicality and invariance of μ , $1 = \mu(G) = \mu(C) + \mu(D) = \mu(G) + \mu(G) = 2$, which is absurd.
- Let F_n be a Følner sequence on G , and write $f_n = \mathbf{1}_{F_n}/|F_n|$. All of these are in $\ell^1 \subseteq (\ell^\infty)^*$, and have norms bounded by 1, so by Banach-Alaoglu f_n has a subsequence which weak*-converges to some $f \in (\ell^\infty)^*$.
- This f is a left inv. mean for G .

Proof of theorem - no Følner $\implies$ paradoxical - step 1 - a set that doubles all finite sets

- I claim that there is a finite set S that expands every finite set by a factor of 2, i.e., $|SF| > 2|F|$ for all finite F . Observe: it suffices to prove this with any $\lambda > 1$ in place of 2 (we can take S^k for large k).

Proof of theorem - no Følner $\implies$ paradoxical - step 1 - a set that doubles all finite sets

- I claim that there is a finite set S that expands every finite set by a factor of 2, i.e., $|SF| > 2|F|$ for all finite F . Observe: it suffices to prove this with any $\lambda > 1$ in place of 2 (we can take S^k for large k).
- Assume that this does not hold. Consider finite sets S_n increasing to G and containing the id (so that $S_n F \supseteq F$). Then for all n , I can find a finite F_n such that $|S_n F_n| < (1 + 1/2n)|F_n|$. Now, for a fixed $s \in G$, S_n contains s and s^{-1} for $n > N_s$. Now, for such n ,

Proof of theorem - no Følner $\implies$ paradoxical - step 1 - a set that doubles all finite sets

- I claim that there is a finite set S that expands every finite set by a factor of 2, i.e., $|SF| > 2|F|$ for all finite F . Observe: it suffices to prove this with any $\lambda > 1$ in place of 2 (we can take S^k for large k).
- Assume that this does not hold. Consider finite sets S_n increasing to G and containing the id (so that $S_n F \supseteq F$). Then for all n , I can find a finite F_n such that $|S_n F_n| < (1 + 1/2n)|F_n|$. Now, for a fixed $s \in G$, S_n contains s and s^{-1} for $n > N_s$. Now, for such n ,
- $|sF_n \Delta F_n| \leq |sF_n \setminus F_n| + |F_n \setminus sF_n| = |sF_n \setminus F_n| + |s^{-1}F_n \setminus F_n| \leq 2|S_n F_n \setminus F_n| \leq |F_n|/n$, so F_n is Følner.

Proof of theorem - no Følner $\implies$ paradoxical - step 1 - a set that doubles all finite sets

- I claim that there is a finite set S that expands every finite set by a factor of 2, i.e., $|SF| > 2|F|$ for all finite F . Observe: it suffices to prove this with any $\lambda > 1$ in place of 2 (we can take S^k for large k).
- Assume that this does not hold. Consider finite sets S_n increasing to G and containing the id (so that $S_n F \supseteq F$). Then for all n , I can find a finite F_n such that $|S_n F_n| < (1 + 1/2n)|F_n|$. Now, for a fixed $s \in G$, S_n contains s and s^{-1} for $n > N_s$. Now, for such n ,
- $|sF_n \Delta F_n| \leq |sF_n \setminus F_n| + |F_n \setminus sF_n| = |sF_n \setminus F_n| + |s^{-1}F_n \setminus F_n| \leq 2|S_n F_n \setminus F_n| \leq |F_n|/n$, so F_n is Følner.
- This is an example of the interplay between the growth of product sets and the Følner condition. (Remark: How does S look like?)

Continuation - no Følner $\implies$ paradoxical - step 2 - preparing for a paradoxical decomposition

- Recall: $|SF| > 2|F|$ for all finite F . Now an ingenious argument follows.

Continuation - no Følner $\implies$ paradoxical - step 2 - preparing for a paradoxical decomposition

- Recall: $|SF| > 2|F|$ for all finite F . Now an ingenious argument follows.
- Consider $G_1 \sqcup G_2$, a disjoint union of two copies of G . Consider finite sets $A_{g,i}$ where $g \in G$ and i denotes which of G_1 and G_2 it comes from, that satisfy $|\bigcup_{x \in K_1} A_{x,1} \cup \bigcup_{x \in K_2} A_{x,2}| \geq |K_1| + |K_2|$ for all $K_i \subseteq G$; and $A_{g,i} \subseteq Sg$ for all g .

Continuation - no Følner $\implies$ paradoxical - step 2 - preparing for a paradoxical decomposition

- Recall: $|SF| > 2|F|$ for all finite F . Now an ingenious argument follows.
- Consider $G_1 \sqcup G_2$, a disjoint union of two copies of G . Consider finite sets $A_{g,i}$ where $g \in G$ and i denotes which of G_1 and G_2 it comes from, that satisfy $|\bigcup_{x \in K_1} A_{x,1} \cup \bigcup_{x \in K_2} A_{x,2}| \geq |K_1| + |K_2|$ for all $K_i \subseteq G$; and $A_{g,i} \subseteq Sg$ for all g .
- $A_{g,i} = Sg$ satisfies these conditions: $|\bigcup_{x \in K_1 \cup K_2} Sx| = |S(K_1 \cup K_2)| \geq 2|K_1 \cup K_2| \geq 2 \max(|K_1|, |K_2|) \geq |K_1| + |K_2|$.

Continuation - no Følner $\implies$ paradoxical - step 2 - preparing for a paradoxical decomposition

- Recall: $|SF| > 2|F|$ for all finite F . Now an ingenious argument follows.
- Consider $G_1 \sqcup G_2$, a disjoint union of two copies of G . Consider finite sets $A_{g,i}$ where $g \in G$ and i denotes which of G_1 and G_2 it comes from, that satisfy $|\bigcup_{x \in K_1} A_{x,1} \cup \bigcup_{x \in K_2} A_{x,2}| \geq |K_1| + |K_2|$ for all $K_i \subseteq G$; and $A_{g,i} \subseteq Sg$ for all g .
- $A_{g,i} = Sg$ satisfies these conditions: $|\bigcup_{x \in K_1 \cup K_2} Sx| = |S(K_1 \cup K_2)| \geq 2|K_1 \cup K_2| \geq 2 \max(|K_1|, |K_2|) \geq |K_1| + |K_2|$.
- Then by Zorn we can find a minimal family $M_{g,i}$ satisfying these (since for every chain its indexwise intersection satisfies the conditions).

Continuation - no Følner $\implies$ paradoxical - step 2.5 - preparing for a paradoxical decomposition

- Recall: We found minimal $M_{g,i}$ such that $|\bigcup_{x \in K_1} M_{x,1} \cup \bigcup_{x \in K_2} M_{x,2}| \geq |K_1| + |K_2|$ for all finite $K_i \subseteq G$; and $M_{g,i} \subseteq Sg$ for all g

Continuation - no Følner $\implies$ paradoxical - step 2.5 - preparing for a paradoxical decomposition

- Recall: We found minimal $M_{g,i}$ such that $|\bigcup_{x \in K_1} M_{x,1} \cup \bigcup_{x \in K_2} M_{x,2}| \geq |K_1| + |K_2|$ for all finite $K_i \subseteq G$; and $M_{g,i} \subseteq Sg$ for all g
- I claim that $|M_{g,i}| = 1$ for all g, i . Suppose $|M_{g,i}| \geq 2$. Then $\exists t_1 \neq t_2 \in M_{g,i}$. By minimality $M_{g,i} \setminus \{t_j\}$ does not satisfy the first condition for $j = 1, 2$. Then $\exists x_0 \notin K'_j \subseteq G_1 \sqcup G_2$, such that $R_j = (M_{g,i} \setminus \{t_j\}) \cup \bigcup_{x \in K'_j} M_x$ (where we see x as a pair h, i) satisfy $|R_j| < |K'_j| + 1$, so $|R_j| \leq |K'_j|$. Now;

Continuation - no Følner $\implies$ paradoxical - step 2.5 - preparing for a paradoxical decomposition

- Recall: We found minimal $M_{g,i}$ such that $|\bigcup_{x \in K_1} M_{x,1} \cup \bigcup_{x \in K_2} M_{x,2}| \geq |K_1| + |K_2|$ for all finite $K_i \subseteq G$; and $M_{g,i} \subseteq Sg$ for all g
- I claim that $|M_{g,i}| = 1$ for all g, i . Suppose $|M_{g,i}| \geq 2$. Then $\exists t_1 \neq t_2 \in M_{g,i}$. By minimality $M_{g,i} \setminus \{t_j\}$ does not satisfy the first condition for $j = 1, 2$. Then $\exists x_0 \notin K'_j \subseteq G_1 \sqcup G_2$, such that $R_j = (M_{g,i} \setminus \{t_j\}) \cup \bigcup_{x \in K'_j} M_x$ (where we see x as a pair h, i) satisfy $|R_j| < |K'_j| + 1$, so $|R_j| \leq |K'_j|$. Now;
- $|K'_1| + |K'_2| \geq |R_1| + |R_2| = |R_1 \cup R_2| + |R_1 \cap R_2| \geq |M_{g,i} \cup \bigcup_{(h,j) \in K'_1 \cup K'_2} M_{h,j}| + |\bigcup_{(h,j) \in K'_1 \cap K'_2} M_{h,j}| \geq 1 + |K'_1 \cup K'_2| + |K'_1 \cap K'_2| = 1 + |K'_1| + |K'_2|$, contradiction! (key role: R_i do not satisfy the condition but from operations on them we can obtain expressions involving $M_{h,j}$, allowing us to exploit).

No Følner $\implies$ paradoxical - step 3 - the paradoxical decomposition

- Each $M_{g,i}$ contains a single element, call it $m_{g,i}$.

No Følner $\implies$ paradoxical - step 3 - the paradoxical decomposition

- Each $M_{g,i}$ contains a single element, call it $m_{g,i}$.
- We know: $m_{g,i}$ are all distinct, and $m_{g,i} \in Sg$.

No Følner $\implies$ paradoxical - step 3 - the paradoxical decomposition

- Each $M_{g,i}$ contains a single element, call it $m_{g,i}$.
- We know: $m_{g,i}$ are all distinct, and $m_{g,i} \in Sg$.
- Consider $C_s = \{s^{-1}m_{g,1} : g \in G\}$, and D_s the same with 2 in place of 1. For any g , $\exists! s_g \in S$ s.t. $m_{g,1} = s_g g$, i.e., $g \in C_{s_g}$, similarly for D_s , so $\{C_s\}$ and $\{D_s\}$ form partitions of G as s runs over S .

No Følner $\implies$ paradoxical - step 3 - the paradoxical decomposition

- Each $M_{g,i}$ contains a single element, call it $m_{g,i}$.
- We know: $m_{g,i}$ are all distinct, and $m_{g,i} \in Sg$.
- Consider $C_s = \{s^{-1}m_{g,1} : g \in G\}$, and D_s the same with 2 in place of 1. For any g , $\exists! s_g \in S$ s.t. $m_{g,1} = s_g g$, i.e., $g \in C_{s_g}$, similarly for D_s , so $\{C_s\}$ and $\{D_s\}$ form partitions of G as s runs over S .
- But: $\bigsqcup_s sC_s \sqcup \bigsqcup_s sD_s = G$, so we have a paradoxical decomposition!

Recalling some ergodic theory – and where we are going

- Recall (from the lectures plus the equivalence we proved): Let G act pmp on X . Then for $f \in L^2(X)$, $\frac{1}{|F_i|} \sum_{s \in F_i} sf$ converges in L^2 (in fact, it is the projection of f in the subspace of G -inv. functions).

Recalling some ergodic theory – and where we are going

- Recall (from the lectures plus the equivalence we proved): Let G act pmp on X . Then for $f \in L^2(X)$, $\frac{1}{|F_i|} \sum_{s \in F_i} sf$ converges in L^2 (in fact, it is the projection of f in the subspace of G -inv. functions).
- We wish to upgrade this to pointwise convergence a.e. Of course a priori we have this only on a subsequence.

Recalling some ergodic theory – and where we are going

- Recall (from the lectures plus the equivalence we proved): Let G act pmp on X . Then for $f \in L^2(X)$, $\frac{1}{|F_i|} \sum_{s \in F_i} sf$ converges in L^2 (in fact, it is the projection of f in the subspace of G -inv. functions).
- We wish to upgrade this to pointwise convergence a.e. Of course a priori we have this only on a subsequence.

Theorem

Let G act pmp on X , and F_n be a Følner sequence such that $|\bigcup_{k < n} F_k^{-1} F_n| \leq C|F_n|$. Then, for any $f \in L^1(G)$, $\lim_{n \rightarrow \infty} |F_n|^{-1} \sum_{s \in F_n} f(s^{-1}x)$ exists a.e.

Recalling some ergodic theory – and where we are going

- Recall (from the lectures plus the equivalence we proved): Let G act pmp on X . Then for $f \in L^2(X)$, $\frac{1}{|F_i|} \sum_{s \in F_i} sf$ converges in L^2 (in fact, it is the projection of f in the subspace of G -inv. functions).
- We wish to upgrade this to pointwise convergence a.e. Of course a priori we have this only on a subsequence.

Theorem

Let G act pmp on X , and F_n be a Følner sequence such that $|\bigcup_{k < n} F_k^{-1} F_n| \leq C|F_n|$. Then, for any $f \in L^1(G)$, $\lim_{n \rightarrow \infty} |F_n|^{-1} \sum_{s \in F_n} f(s^{-1}x)$ exists a.e.

- Følner sequences that satisfy this condition are called *tempered*.

Temperedness condition is necessary - statement

- We cannot ask for pointwise a.e. convergence along arbitrary Følner sequences:

Temperedness condition is necessary - statement

- We cannot ask for pointwise a.e. convergence along arbitrary Følner sequences:

Theorem (Emerson)

For fixed irrational α , let $\mathbb{Z}$ act on $\mathbb{T}$ by $n \cdot z = z + n\alpha \pmod{1}$. There is a function $f \in L^1(\mathbb{T})$, a Følner sequence F_n in $\mathbb{Z}$ such that

$$\limsup_n |F_n|^{-1} \sum_{m \in F_n} f(n \cdot z) = \infty$$

for all $z \in \mathbb{T}$.

Temperedness condition is necessary - statement

- We cannot ask for pointwise a.e. convergence along arbitrary Følner sequences:

Theorem (Emerson)

For fixed irrational α , let $\mathbb{Z}$ act on $\mathbb{T}$ by $n \cdot z = z + n\alpha \pmod{1}$. There is a function $f \in L^1(\mathbb{T})$, a Følner sequence F_n in $\mathbb{Z}$ such that

$$\limsup_n |F_n|^{-1} \sum_{m \in F_n} f(n \cdot z) = \infty$$

for all $z \in \mathbb{T}$.

- So even in the well-behaved setting of $\mathbb{Z}$, we cannot guarantee convergence *even for one point*.

Temperedness condition is necessary - statement

- We cannot ask for pointwise a.e. convergence along arbitrary Følner sequences:

Theorem (Emerson)

For fixed irrational α , let $\mathbb{Z}$ act on $\mathbb{T}$ by $n \cdot z = z + n\alpha \pmod{1}$. There is a function $f \in L^1(\mathbb{T})$, a Følner sequence F_n in $\mathbb{Z}$ such that

$$\limsup_n |F_n|^{-1} \sum_{m \in F_n} f(n \cdot z) = \infty$$

for all $z \in \mathbb{T}$.

- So even in the well-behaved setting of $\mathbb{Z}$, we cannot guarantee convergence *even for one point*.
- We will take $f(z) = z^{-1/2}$.

Temperedness condition is necessary - construction of the Følner sequence

- Consider I_n as I_1 starting from 0, and has length $1/1$; I_n starts at the end of I_{n-1} , and has length $1/n$. Then every $z \in \mathbb{T}$ is contained in infinitely many I_n .

Temperedness condition is necessary - construction of the Følner sequence

- Consider I_n as I_1 starting from 0, and has length $1/n$; I_n starts at the end of I_{n-1} , and has length $1/n$. Then every $z \in \mathbb{T}$ is contained in infinitely many I_n .
- Start with $E_n = [-n!, n!] \cap \mathbb{Z}$. Take $F_1 = E_1$, and inductively construct $F_n = E_n \cup F_{n-1} \cup D_n$, where D_n is an arbitrary set of $\lfloor n!/n^{1/4} \rfloor$ numbers m such that $m \cdot p_n \in [0, 1/n]$, where p_n is the starting point of I_n .

Temperedness condition is necessary - construction of the Følner sequence

- Consider I_n as I_1 starting from 0, and has length $1/n$; I_n starts at the end of I_{n-1} , and has length $1/n$. Then every $z \in \mathbb{T}$ is contained in infinitely many I_n .
- Start with $E_n = [-n!, n!] \cap \mathbb{Z}$. Take $F_1 = E_1$, and inductively construct $F_n = E_n \cup F_{n-1} \cup D_n$, where D_n is an arbitrary set of $\lfloor n!/n^{1/4} \rfloor$ numbers m such that $m \cdot p_n \in [0, 1/n]$, where p_n is the starting point of I_n .
- It can be verified that $|F_n| \leq 3n!$.

Temperedness condition is necessary - construction of the Følner sequence

- Consider I_n as I_1 starting from 0, and has length $1/n$; I_n starts at the end of I_{n-1} , and has length $1/n$. Then every $z \in \mathbb{T}$ is contained in infinitely many I_n .
- Start with $E_n = [-n!, n!] \cap \mathbb{Z}$. Take $F_1 = E_1$, and inductively construct $F_n = E_n \cup F_{n-1} \cup D_n$, where D_n is an arbitrary set of $\lfloor n!/n^{1/4} \rfloor$ numbers m such that $m \cdot p_n \in [0, 1/n]$, where p_n is the starting point of I_n .
- It can be verified that $|F_n| \leq 3n!$.
- In some sense, we have a perturbation of E_n , which is not too large so we still have the Følner condition, with the main contributions coming from E_n :

Temperedness condition is necessary - construction of the Følner sequence

- Consider I_n as I_1 starting from 0, and has length $1/1$; I_n starts at the end of I_{n-1} , and has length $1/n$. Then every $z \in \mathbb{T}$ is contained in infinitely many I_n .
- Start with $E_n = [-n!, n!] \cap \mathbb{Z}$. Take $F_1 = E_1$, and inductively construct $F_n = E_n \cup F_{n-1} \cup D_n$, where D_n is an arbitrary set of $\lfloor n!/n^{1/4} \rfloor$ numbers m such that $m \cdot p_n \in [0, 1/n]$, where p_n is the starting point of I_n .
- It can be verified that $|F_n| \leq 3n!$.
- In some sense, we have a perturbation of E_n , which is not too large so we still have the Følner condition, with the main contributions coming from E_n :
- $|F_n \Delta z F_n|/|F_n| \leq |E_n \Delta z E_n|/|E_n| + |F_{n-1} \cup D_n \Delta z (F_{n-1} \cup D_n)|/|E_n|$

Temperedness condition is necessary - construction of the Følner sequence

- Consider I_n as I_1 starting from 0, and has length $1/1$; I_n starts at the end of I_{n-1} , and has length $1/n$. Then every $z \in \mathbb{T}$ is contained in infinitely many I_n .
- Start with $E_n = [-n!, n!] \cap \mathbb{Z}$. Take $F_1 = E_1$, and inductively construct $F_n = E_n \cup F_{n-1} \cup D_n$, where D_n is an arbitrary set of $\lfloor n!/n^{1/4} \rfloor$ numbers m such that $m \cdot p_n \in [0, 1/n]$, where p_n is the starting point of I_n .
- It can be verified that $|F_n| \leq 3n!$.
- In some sense, we have a perturbation of E_n , which is not too large so we still have the Følner condition, with the main contributions coming from E_n :
- $|F_n \Delta z F_n|/|F_n| \leq |E_n \Delta z E_n|/|E_n| + |F_{n-1} \cup D_n \Delta z (F_{n-1} \cup D_n)|/|E_n|$
- First term $\rightarrow 0$, second term is $\leq 2(3(n-1)! + n!/n^{1/4})/2n! \rightarrow 0$. So we have a Følner sequence.

Temperedness condition is necessary - proving the pointwise divergence

- The key point is that elements of D_n make the values of f very large ($f(m \cdot z) \geq (n/2)^{1/2}$ for $z \in I_n$, $m \in D_n$). Fix z . Then for any n with $z \in I_n$

Temperedness condition is necessary - proving the pointwise divergence

- The key point is that elements of D_n make the values of f very large ($f(m \cdot z) \geq (n/2)^{1/2}$ for $z \in I_n$, $m \in D_n$). Fix z . Then for any n with $z \in I_n$
- $|F_n|^{-1} \sum_{m \in F_n} f(m \cdot z) \geq (3n!)^{-1} |D_n| (n/2)^{1/2} \geq n^{1/4}/10$ (say).

Temperedness condition is necessary - proving the pointwise divergence

- The key point is that elements of D_n make the values of f very large ($f(m \cdot z) \geq (n/2)^{1/2}$ for $z \in I_n$, $m \in D_n$). Fix z . Then for any n with $z \in I_n$
- $|F_n|^{-1} \sum_{m \in F_n} f(m \cdot z) \geq (3n!)^{-1} |D_n| (n/2)^{1/2} \geq n^{1/4}/10$ (say).
- This proves that the lim sup is infinite.

Tempered Følner sequences are ubiquitous

- One might ask if every amenable group has a tempered Følner sequence, because otherwise our pointwise ergodic theorem is not applicable to all amenable groups.

Tempered Følner sequences are ubiquitous

- One might ask if every amenable group has a tempered Følner sequence, because otherwise our pointwise ergodic theorem is not applicable to all amenable groups.
- It turns out that this is the case. Let F_n be a Følner sequence. We will extract a tempered subsequence of this. Let $n_1 = 1$, and assume n_i are known up to n_j . Take $\tilde{F}_j = \bigcup_{i \leq j-1} F_{n_i}^{-1}$. For any $g \in G$, we can find some n_{j_g} such that for $n > n_{j_g}$, $|F_n \Delta g F_n| \leq |F_n|/|\tilde{F}_j|$. Take $n_j = \max_{g \in \tilde{F}_j} n_{j_g}$. Then;

Tempered Følner sequences are ubiquitous

- One might ask if every amenable group has a tempered Følner sequence, because otherwise our pointwise ergodic theorem is not applicable to all amenable groups.
- It turns out that this is the case. Let F_n be a Følner sequence. We will extract a tempered subsequence of this. Let $n_1 = 1$, and assume n_i are known up to n_j . Take $\tilde{F}_j = \bigcup_{i \leq j-1} F_{n_i}^{-1}$. For any $g \in G$, we can find some n_{j_g} such that for $n > n_{j_g}$, $|F_n \Delta g F_n| \leq |F_n|/|\tilde{F}_j|$. Take $n_j = \max_{g \in \tilde{F}_j} n_{j_g}$. Then;
- $|\tilde{F}_j F_{n_j}| \leq |F_{n_j}| + |F_{n_j} \Delta \tilde{F}_j F_{n_j}| \leq |F_{n_j}| + \sum_{g \in \tilde{F}_j} |F_{n_j} \Delta g F_{n_j}| \leq 2|F_{n_j}|.$